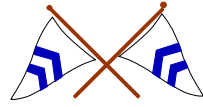


NOROTON YACHT CLUB

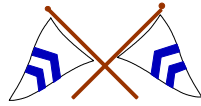
NOROTON • CONNECTICUT • 06820

www.norotonyc.orgFORTY-FOURTH ANNUAL
FRIENDS' & NEIGHBORS' REGATTA***FRIENDS' AND NEIGHBORS' RACE***

Saturday, July 10, 2010

SAILING INSTRUCTIONS

- Eligibility:** Mono hull sail boats 22' **LOA** and over, in cruising trim and with a **PHRF** rating below 260. All boats must have auxiliary power (inboard or outboard) and self-bailing cockpits. The Committee reserves the right to rule on the eligibility of any boat.
- Rules:** The race will be governed by The Racing Rules of Sailing 2009 ("RRS"); the prescriptions of US Sailing (USSA); the current PHRF Regulations, as administered by the YRA of Long Island Sound (YRALIS); applicable Class Rules and any other applicable rules (except as any of these are altered by the sailing instructions) and by the sailing instructions. This is a Category A event with respect to Advertising (RRS Rule **79**) and a Category C event with regards to the Minimum Equipment Recommendations of the YRA of LIS.
- Divisions:** The fleet will be divided based on PHRF ratings, spinnaker and non-spinnaker. Each boat is strongly requested to fly the numeral pennant, corresponding to the number of its division, as a class flag from the back stay.
- Scratch sheets will be available Friday, July 9th, at Noroton Yacht Club after 1730, or from one of the committee boats on Saturday, July 10th, prior to the first warning signal. Sailing Instructions and Scratch Sheets will also be available from the club's web site at: www.norotonyc.org
- Ratings:** As assigned by the YRA of LIS PHRF Committee, or by the RC in the absence of a PHRF certificate.
- Notices:** Notices to competitors and changes to the sailing instructions will be posted on the Regatta Notice Board at the Noroton Yacht Club no later than 2000, Friday July 9, 2010. The Race Committee will display Code Flag L prior to the start to indicate that a change to the sailing instructions has been posted.
- Starting Area:** The starting area will be approximately 1-2nm south of Long Neck Point, Darien.
- Starting/Finish Lines:** The starting and finish lines will be between an Orange inflatable mark (or other starting pin) and an orange flag on the Committee Boat unless the course is shortened by the race committee as provided in RRS Rule 32.



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Course: The course to be sailed will be displayed before or with the Warning Signal for each respective division. The course will be to a windward mark "W" set by the race committee followed by additional letters which shall represent marks of the course as identified below. Marks will be rounded to port in the order in which they are displayed. If the final course letter is followed by a YELLOW numeral "2" on a black field, the course is to be sailed *twice around*. If the course is to be sailed twice around, the orange inflatable, marks "W" and "X", will be considered a mark of the course and is to be rounded. The approx compass heading to windward mark "W" will be posted on the Committee Boat, vertically next to the course.

Courses will not be changed after the start but may be shortened at any mark of the course by a race Committee Boat displaying flag "S" and making two sound signals. If the course is so shortened, the new finish line will be between flag "S" on the race Committee Boat and the nearby mark. Additional marks of the course:

- "X" An inflatable mark set to leeward of the Committee Boat
- "A" Bell "32" (The Cows)
- "B" Bell "32A"
- "C" Gong "15" (Lloyd Point)
- "D" "13" (Eatons Neck)
- "E" Bell "28C" (Cable and Anchor)
- "W" An inflatable mark set to windward of the Committee Boat

Time of Start:

Division 1

Warning	Code flag "1", gun	1430 EDT
Preparatory	Code flag "P", gun	1431 EDT
One-minute	"P" lowered, horn	1434 EDT
Start	"1" lowered, gun	1435 EDT

Division 2

Warning	Code flag "2", gun	1440 EDT
Preparatory	Code flag "P", gun	1441 EDT
One-minute	"P" lowered, horn	1444 EDT
Start	"2" lowered, gun	1445 EDT

Division 3

Warning	Code flag "3", gun	1450 EDT
Preparatory	Code flag "P", gun	1451 EDT
One-minute	"P" lowered, horn	1454 EDT
Start	"3" lowered, gun	1455 EDT

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Ten minute intervals will remain in effect between the starts of any additional divisions. Only those boats whose warning has been signaled should be in the starting area. All other boats must keep clear. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.



- Postponement:** A postponement will be indicated by code flag "AP" and the firing of two guns. Conclusion of the postponement will be signaled by a horn and the lowering of "AP" followed in one minute by the warning gun for the next division start.
- The Race Committee may abandon the race by firing 3 guns and displaying code flags "N" over "H". No re-sail will be scheduled due to conflicts with other events.
- Recall:** One or more individual recalls will be signaled by displaying code flag "X" with one sound signal. The Race Committee may hail the numbers of the recalled boats on VHF Channel 72.
- A general recall will be signaled by displaying code flag "First Substitute" with two sound signals. Following a general recall, a new warning signal for that division will be made one minute after lowering "First Substitute" with one sound signal. If a general recall is signaled for Division 1, the start of Division 2 will be delayed accordingly, etc.
- Time Limit:** In order to constitute a race, the first yacht in each division must sail the course and finish within 6 hours of starting. Should the start be postponed, the time limit will be extended by the time duration of the postponement, but not beyond 2030 EDT.
- Protests:** A protester shall notify the Race Committee of his/her intention to protest and of the sail number of the protested boat immediately after finishing - or as soon as possible after withdrawing from - the race in which the protested incident occurred. This modifies RRS 61.1(a). Written protests must be filed with the Race Committee not later than 1/2 hour after the committee boat reaches the shore. Barring any unforeseen event, protests will be heard at the Noroton Yacht Club immediately after the race.
- To facilitate the timely filing of a protest Noroton Yacht Club will make transportation available from the race course to the Club House for a representative of the protesting vessel's crew. Please indicate your need for transportation when notifying the Race Committee of your intent to protest.
- Prizes:** Results will be announced at a reception at the Noroton Yacht Club following the race. Prizes will be awarded for 1st, 2nd and 3rd place in each division. Refreshments will be provided prior to the awards ceremony.
- Safety:** Responsibility for the safety of each boat lies solely with the owner/skipper. The Noroton Yacht Club assumes no responsibility in this regard.

VHF Channel "72" will be used by the Race Committee for communications purposes.